

## It Takes a Village (Web): Challenges and Progress in Working Towards A Cancer-Free Arkansas

Lisa Richardson, MD, MPH Director, Division of Cancer Prevention and Control 25<sup>th</sup> Arkansas Cancer Summit May 9, 2024



## **Addressing Systems/Practices Driving Disparities**



We are concerned about the constant use of federal funds to support this most notorious expression of segregation. Of all the forms of inequality, injustice in health is the most shocking and the most inhuman because it often results in physical death.

Rev. Martin Luther King, Jr.

March 25, 1966, Medical Committee for Human Rights Annual Meeting

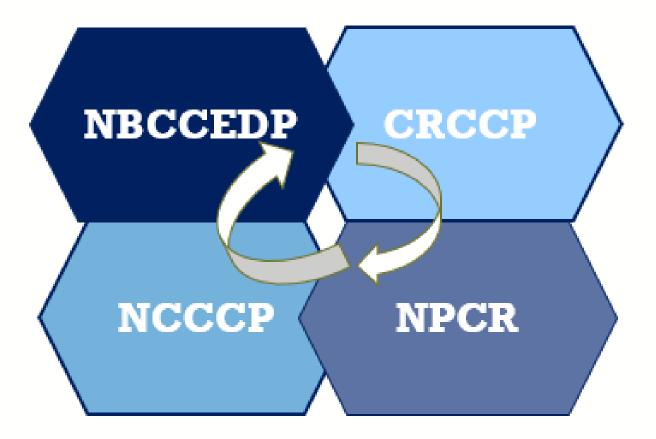


## All People Free of Cancer

#### Aspirations

PREVENTION		SCRE	CREENING		CANCER SURVIVORS	
Eliminate preventable cancers	Activ	screening at th			ncer Survivors live ger, healthier lives	<b>††††</b>
		Strategic	Priorities			
Reduce risk of car	ncer	screening	ctices to increase g outcomes iding ciples	Im	prove health and we for cancer survivo	-
Equity	Begin with the End in Mind		Collaboration		Targeted Communications	
Strengths						
Data Tr		Translation	ranslation & Evaluation		Partnership	

## **Coordination and Collaboration across Cancer Programs**



- National Breast and Cervical Cancer Early Detection Program
- Colorectal Cancer Control Program (DP15-1502)
- National Comprehensive Cancer Control Program
- National Program of Cancer Registries

## A Look at Comprehensive Cancer Control Over the Years

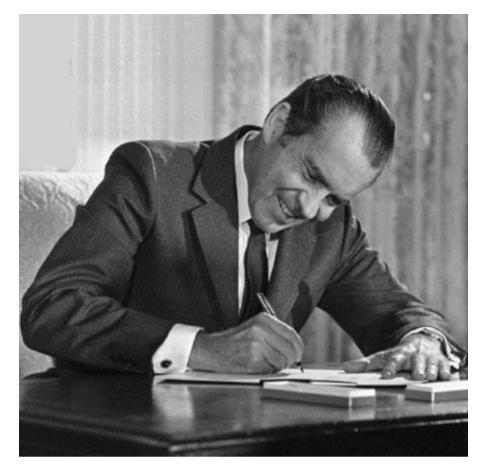


# **18 Million Survivors**

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## National Cancer Act of 1971

Established a holistic Approach for Addressing Cancer and its Many Challenges



President Nixon signs the National Cancer Act

National Cancer Act of 1971 established:

- National priorities and multi-disciplinary collaboration:
  - National Cancer Advisory Board (scientists and laypeople from the general public)
  - President's Cancer Panel
- Networks for data collection
- Established local cancer control programs

Source: National Cancer Institute, National Cancer Act of 1971

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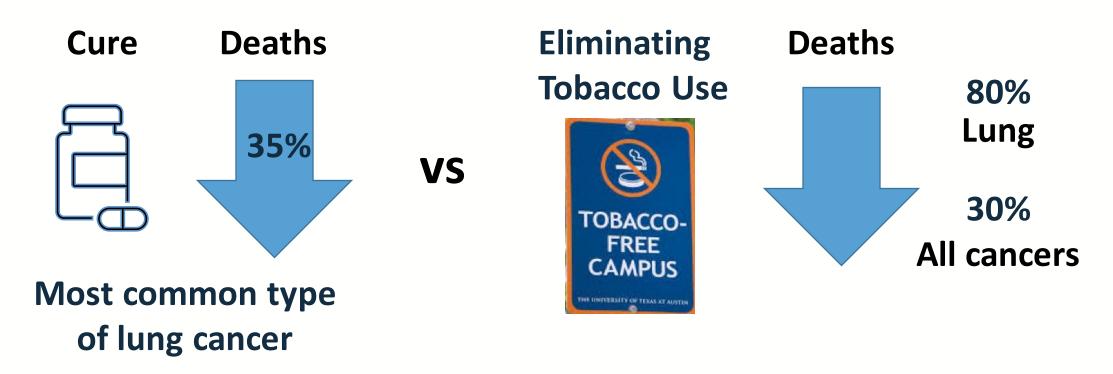
## **Important Turning Points in Cancer Prevention and Control**



## **National Comprehensive Cancer Control**



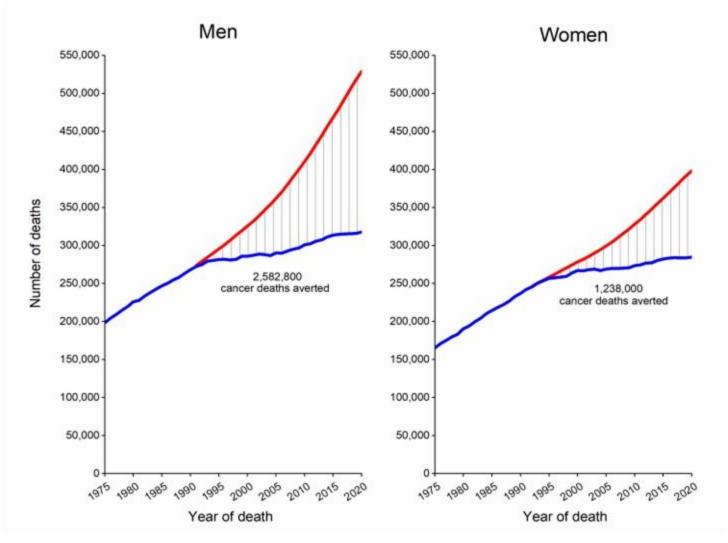
## What has been the impact of prevention?



Source: Kripke, Margaret, Cancer research should focus on prevention more than cure, Houston Chronicle, January 23, 2015

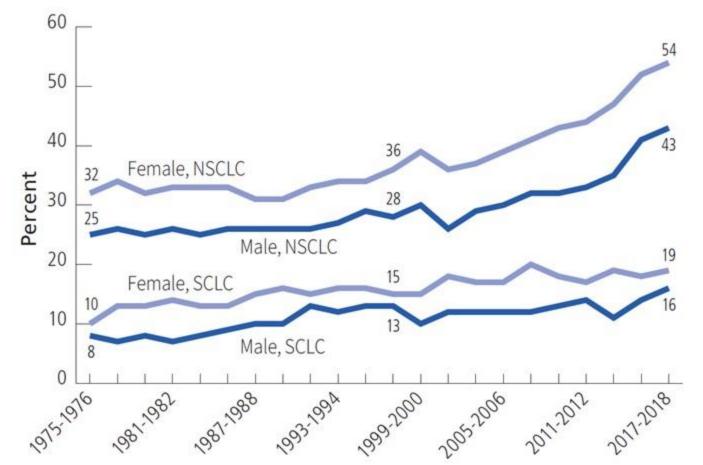
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## Total Number of Cancer Deaths Averted from 1991 to 2020, US



The blue line represents the actual number of cancer deaths recorded each year, and the red line represents the number of cancer deaths that would have been expected if cancer death rates had remained at their peak.

## Special Section: Lung Cancer Trends in 2-year Relative Survival Rates for Lung Cancer by Sex and Subtype, US, 1975-2018

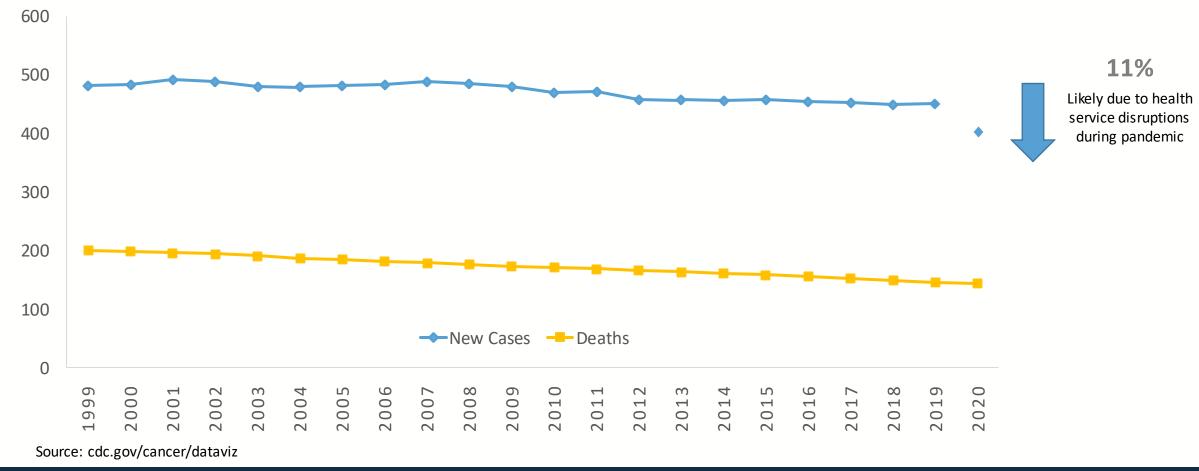


NSCLC, Non-small cell lung cancer; SCLC, Small cell lung cancer

Survival is based on patients diagnosed during 1975 through 2018, followed through 2019 Source: Surveillance, Epidemiology, and End Results (SEER) Program, National Cancer Institute, 2022

## **Trends in Cancer Cases and Deaths**

AGE-ADJUSTED ALL AGES, RACES, ETHNICITIES, BOTH SEXES, 1999-2020

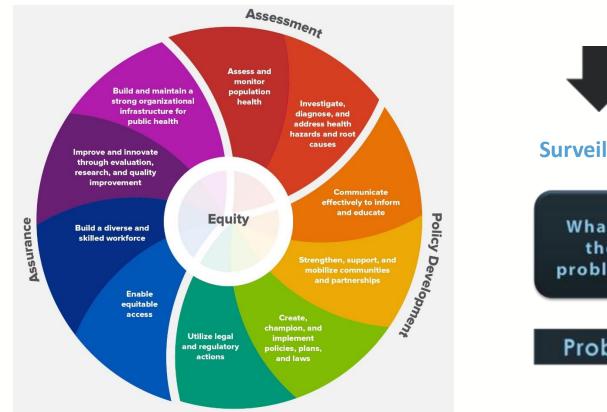


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# How have we accomplished this these improvements?

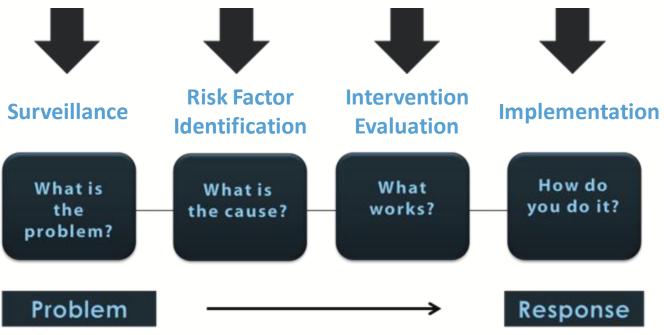


# Public Health's Role in Addressing Disparities



#### **Ten Essential Roles of Public Health**

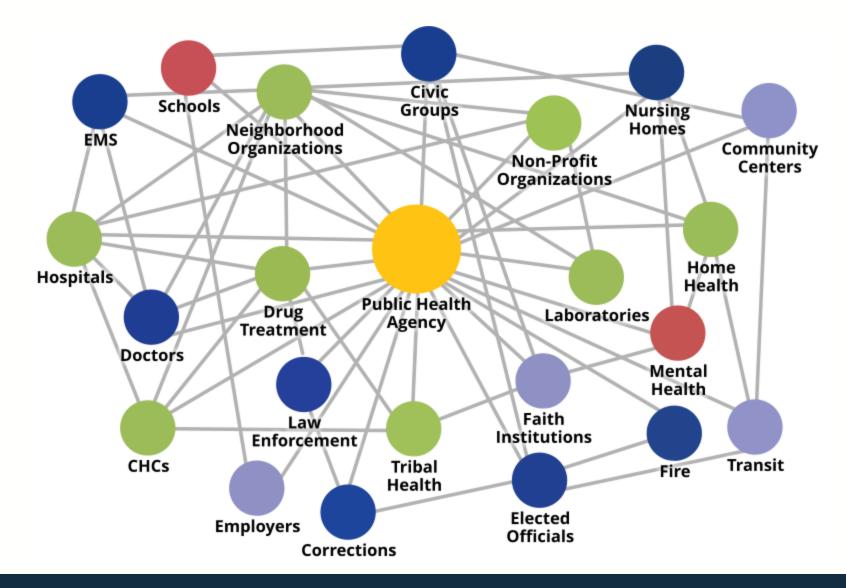
Public Health Approach



Source: 10 Essential Public Health Services. Centers for Disease Control and Prevention. https://www.cdc.gov/publichealthgateway/publichealthservices/essentialhealthservices.html.

## **Coalitions and their Partners Provide the Critical Links**

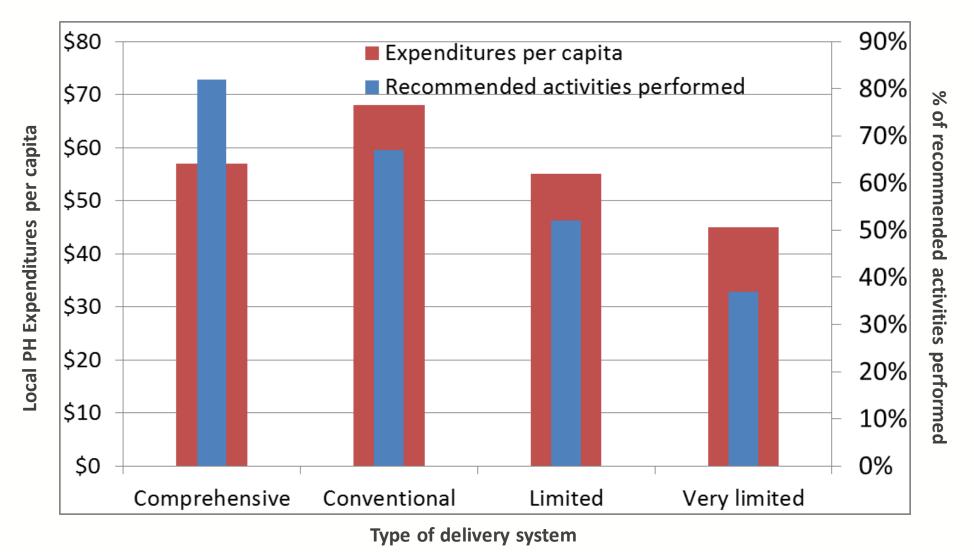
## **Power in Partnership**



# **Comprehensive Cancer Control National Partnership**

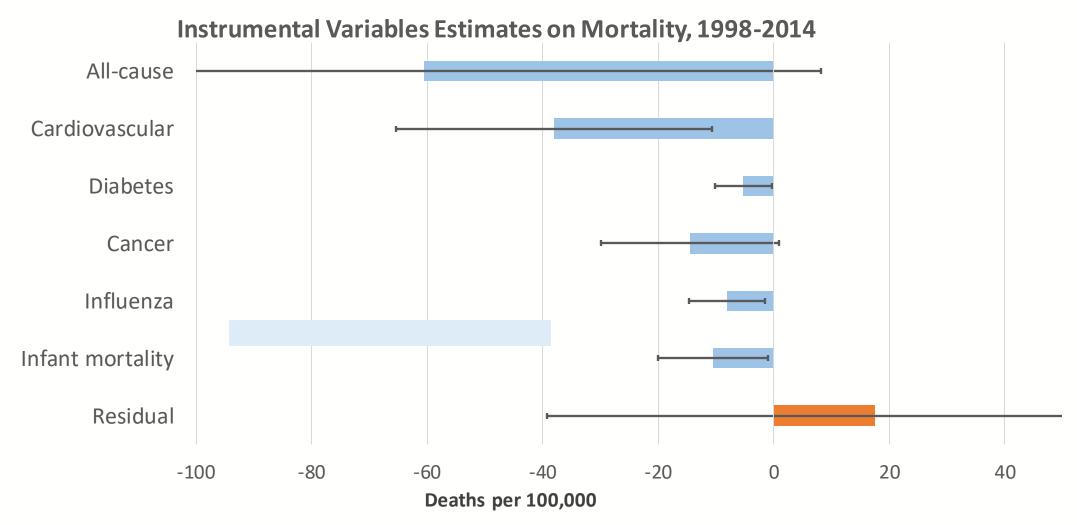


## **Comprehensive Systems Do More with Less**



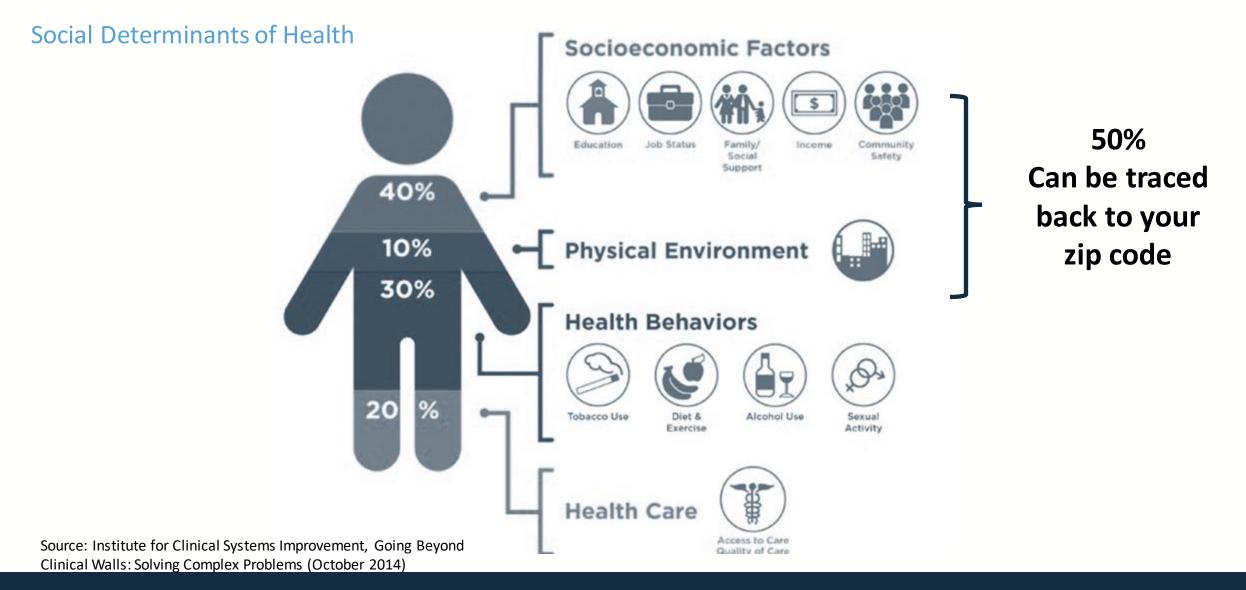
Mays GP, Hogg RA. Economic shocks and public health protections in US metropolitan areas. Am J Public Health. 2015;105 Suppl 2:S280-7.

## **Impact of Comprehensive Systems on Health**



Mays GP, Hogg RA. Economic shocks and public health protections in US metropolitan areas. Am J Public Health. 2015;105 Suppl2:S280-7. Models also control for racial composition, unemployment, health insurance coverage, educational attainment, age composition, and state and year fixed effects. N=1019 community-years

## Health Care Access Not the Only Factor Influencing Health



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## **Despite Progress, Disparities Persist**



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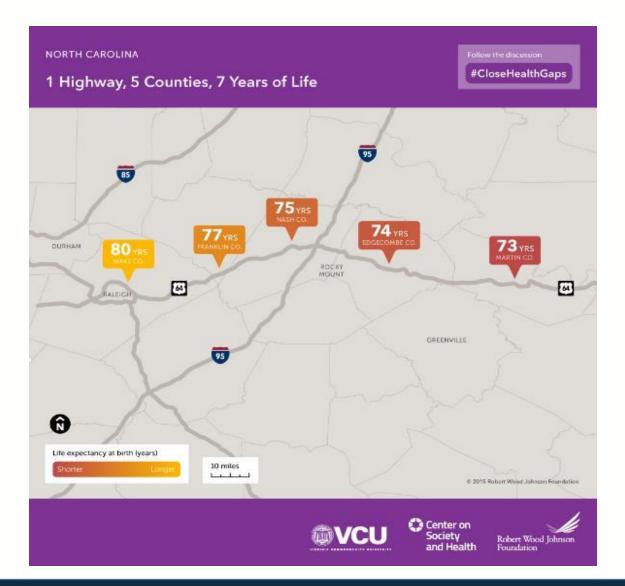
## **Human Cost of Disparities**

- Death from preventable cancers;
- Being diagnosed with late-stage cancer that are detectable through screening;
- Receiving either no treatment or treatment that does not meet currently accepted standards of care;
- Dying of cancers that are generally curable; and
- Suffering without the benefit of pain control and other palliative care



Source: Trans-HHS Cancer Health Disparities Progress Review Group (2004) Making Cancer Health Disparities History. Submitted to the Secretary, U.S. Department of Health and Human Services, March 2004. Washington, DC: US Department of Health and Human Services

## Place Matters: 1 highway; 5 Counties; 7 Years of Life



Source: societyhealth.vcu.edu/work/theprojects/mapping-life-expectancy.html

## **Cancer Screening and Early Detection**



## **Asking the Right Question?**



# 15 years of implementing the Colorectal Cancer Control Program (CRCCP)

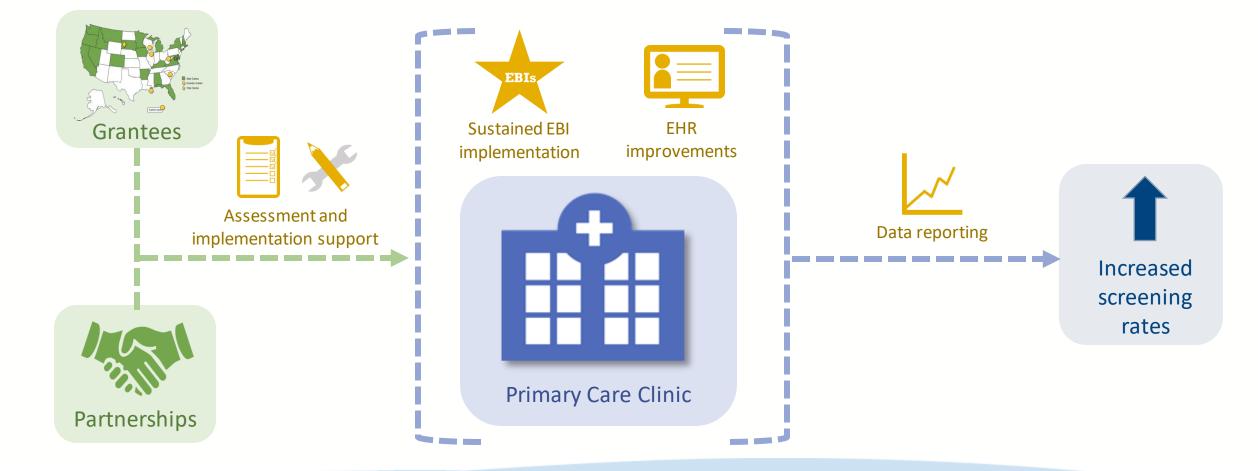
2005 -2009	2009-2015	2015-2020		
<b>CRCCP Demonstration Project</b>	CRCCP DP09-903 & 14-1414	CRCCP DP15-1502		
<ul> <li>5 grantees         (state, county, city, and university)     </li> </ul>	<ul> <li>29 grantees (states, tribes, and territories)</li> </ul>	<ul> <li>30 grantees         <ul> <li>(states, universities, and tribe)</li> </ul> </li> <li>Focus:</li> </ul>		
<ul> <li>Focus: Delivery of colorectal cancer (CRC) screening and</li> </ul>	<ul> <li>Focus:</li> <li>1. Delivery of CRC screening and diagnostic services</li> </ul>	<ol> <li>Health systems change through E implementation in partner clinics</li> <li>Delivery of CRC screening &amp;</li> </ol>		
<ul><li>diagnostic services</li><li>Results:</li></ul>	2. CRC screening promotion for underserved populations	<ul> <li>diagnostic service (6 grantees only)</li> <li>Results:</li> <li>1. Substantial reach</li> </ul>		
Viable strategy	Results:	2. Multiple EBIs & champions increase screening		

Limited reach

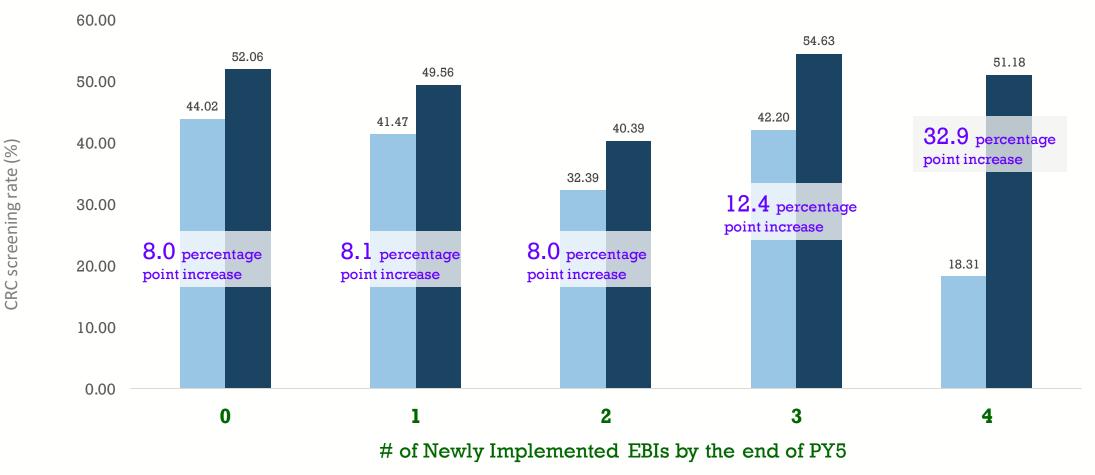
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rates

## **CRCCP increase CRC screening in clinics through** sustainable health system change



Clinic CRC screening rate increases from baseline are greater among clinics who increased their number of EBIs during CRCCP.



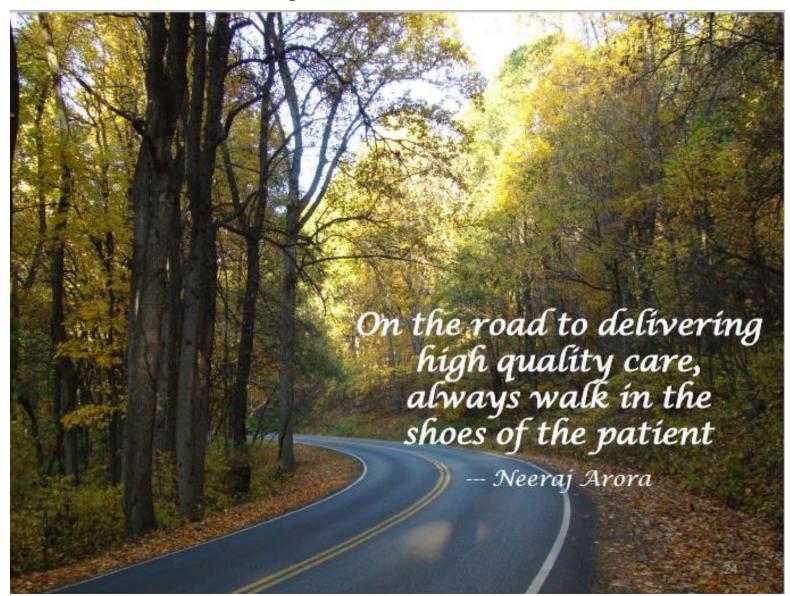
■ Baseline ■ PY5

Source: Clinic data submission, March 2021 (Includes all clinics recruited in DP15-1502, Program Years 1-5)

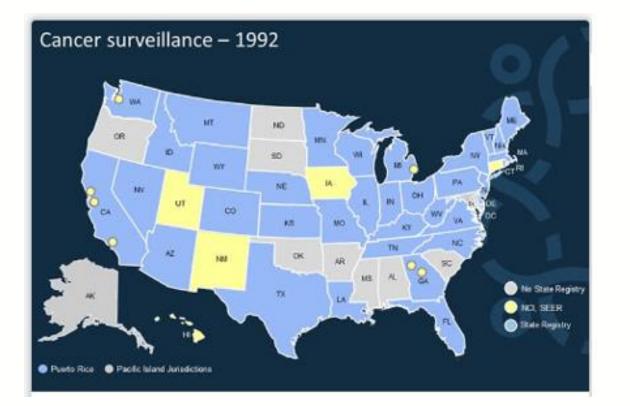
# **Cancer Registries: Data for Effective Cancer Control**



## **Behind Every Data Point is a Person**



# Prior to National Program of Cancer Registries, 10 states had no registry



Before CDC's National Program of Cancer Registries (NPCR) was established, 10 states had no registry, and most states with registries lacked the resources and legislative support they needed to gather and complete data. A centralized national program to collect cancer data was needed.

#### "Data is moving slower than the disease..."

"The nation's public health data systems are antiquated and in dire need of security upgradespaper records, phone calls, spreadsheets and faxes requiring manual data entry are still are in widespread use and have significant consequences including delayed detection and response, lost time, missed opportunities and lost lives."

Testimony of Janet Hamilton, Director of Science and Policy at CSTE, speaks at Public Witness Day, April 9, 2019 Labor, Health and Human Services, Education, and Related Agencies (116th Congress)



## Why We Do What We Do

Prior to National Program of Cancer Registries, 10 states had no registry

- Improve existing cancer registries.
- Plan and implement registries where none existed.
- Develop model legislation and regulations for states to enhance the viability of registry operations.
- Set standards for data completeness, timeliness, and quality.
- Provide training for registry personnel.
- Help establish a computerized reporting and data-processing system.



### National Program of Cancer Registries (NPCR)

- Coordinates collection, verification and reporting of important information on all reportable cancer cases.
- Helps identify better ways to prevent, treat and control cancer.









- Data Visualization Tool
- State Cancer Plans
- Public Use Dataset
- Reports & Research



Over 1.7 million new cases & nearly 600,000 deaths annually.

Measuring Progress. Targeting Action.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention

## **Data Access and Usability**

### **Sections**

- Demographics
- State/County/ Congressional Districts
- Trends

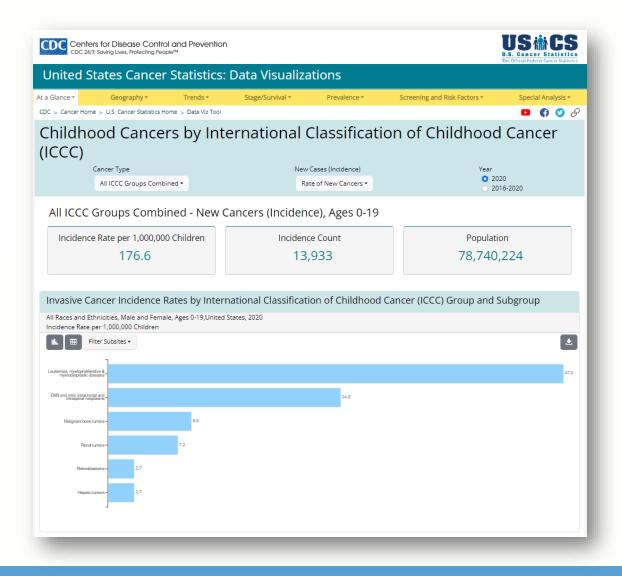
- Stage/Survival/ Prevalence
- Screening/Risk Factors
- Special Analysis

### **New Release**

- New visualizations of childhood cancers
- US cancer burden and trends by race & ethnicity
- Updated BRFSS risk factor data
- Updated teen HPV vaccination coverage

### **Coming next**

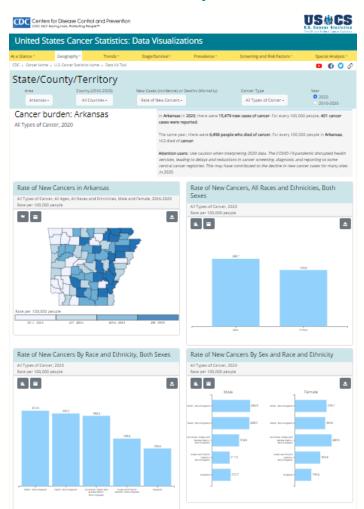
- 2021 Data release in June 2024
- Site Revamp planned by December 2024



## www.cdc.gov/cancer/dataviz

# Making Data Usable and Accessible for Cancer Control

### State and County-level Data



Source: cdc.gov/cancer/dataviz

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### **Congressional District Data**

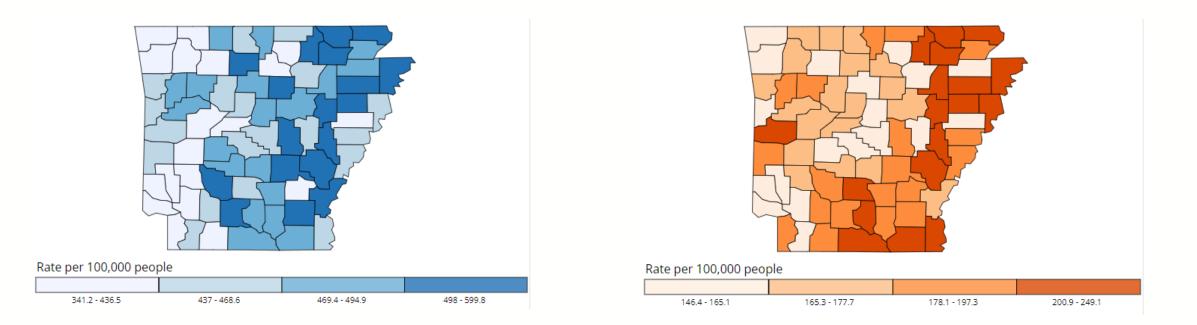
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CDC > Cancer Home	> U.S. Center Statio	tics Home 🥿 Data Viz To	al				🗖 🖗 🔘
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A.100	District	Estimated New Case			Sex	Race and Ethnicity	Cancer Type
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Division of Cancer Prevention and Control

## **Arkansas Cancer Incidence and Death Rates**

### **Rates of New Cancers in Arkansas, 2020**

# Rate of Cancer Deaths in Arkansas, 2020



Source - U.S. Cancer Statistics Working Group. U.S. Cancer Statistics Data Visualizations Tool, based on 2022 submission data (1999-2020): U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute; <u>https://www.cdc.gov/cancer/dataviz</u>, released in November 2023.

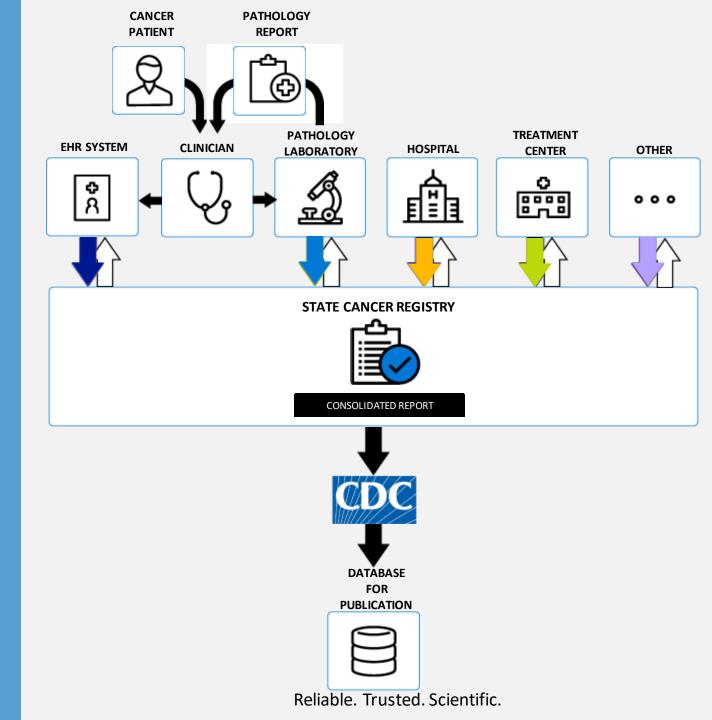
# What Progress Looks Like

- One cancer data feed instead of 64
- Complete, high-quality data available to central cancer registries (CCRs) without increased burden
- Cancer data available on CDC's website within 12 months after diagnosis



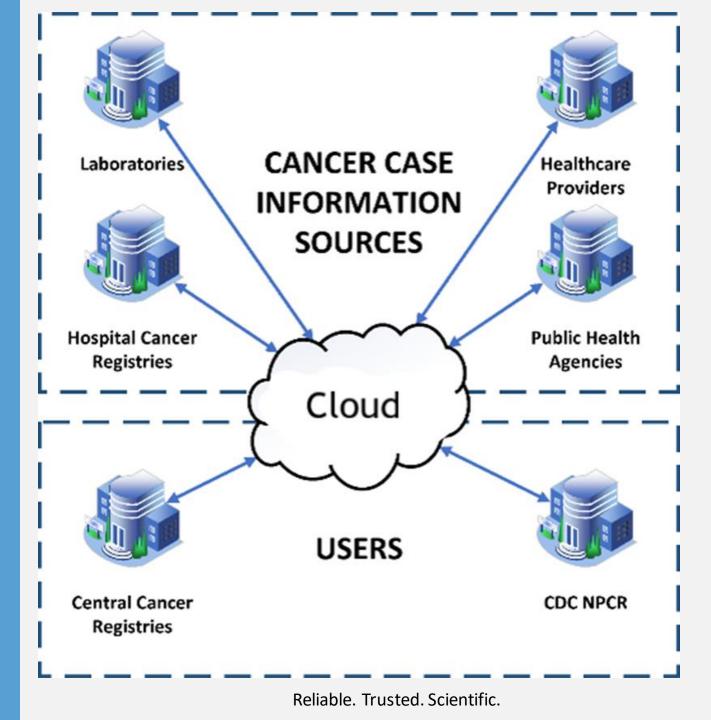
# **Current Reporting Structure**

- Labor intensive
- Duplication of efforts
- Costly
- Data not available as quickly as needed



# Cancer Surveillance Vision

- Streamlined reporting to single platform
- Reproducible, interoperable, and scalable
- Resource and cost effective
- Timely data exchange between data reporters and registries



# Value of the Cloud: Real-time Data

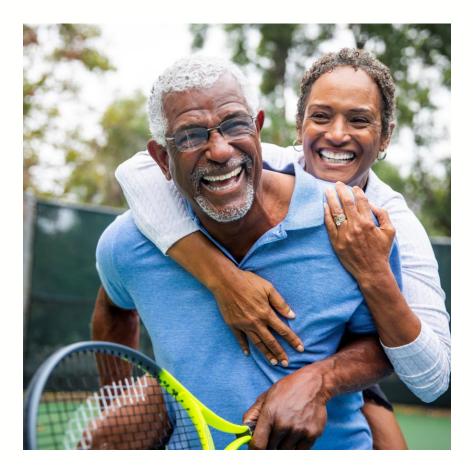
- Enable faster reporting of all cancer cases
  - Including childhood and young adult cancers
- Find out what interventions work
- Inform resource allocation
- Timely identification for clinical trials
- Identify research priorities more quickly



## **Survivor Health and Wellness**



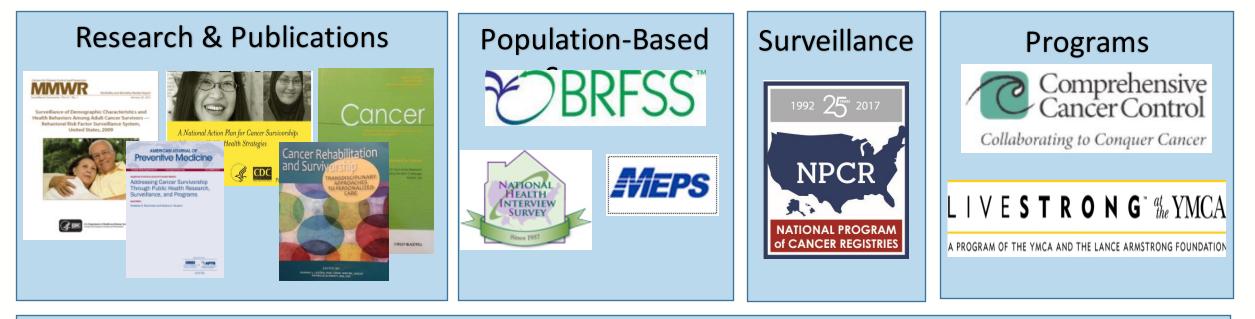
# **Living With Cancer**



Regardless of the type of cancer, or the extent of survival, all persons diagnosed with cancer must manage the enduring and complex ways in which cancer transforms the self and everyday life.

> Betsy Clark, former president Ellen Stovall, former executive director National Coalition for Cancer Survivorship

# **CDC/DCPC Focused Cancer Survivor Work**





# **Improving Care for People With Cancer**

Patient Navigation and Community Health Workers Provide Coordinated, Person-Centered Care

- Professional standards
- Training and Education
- System Design and Testing
- Technical Assistance
- Tools & Resources





Graphic: CDC, Using Project ECHO and Patient Navigation to Improve the Health and Wellness of Cancer Survivors in Rural Communities

### Linda Cancer Survivor



# Lymphedema Awareness and Prevention





This photo shows a person with lymphedema in the left leg.

### Kathy Bates and Lymphedema



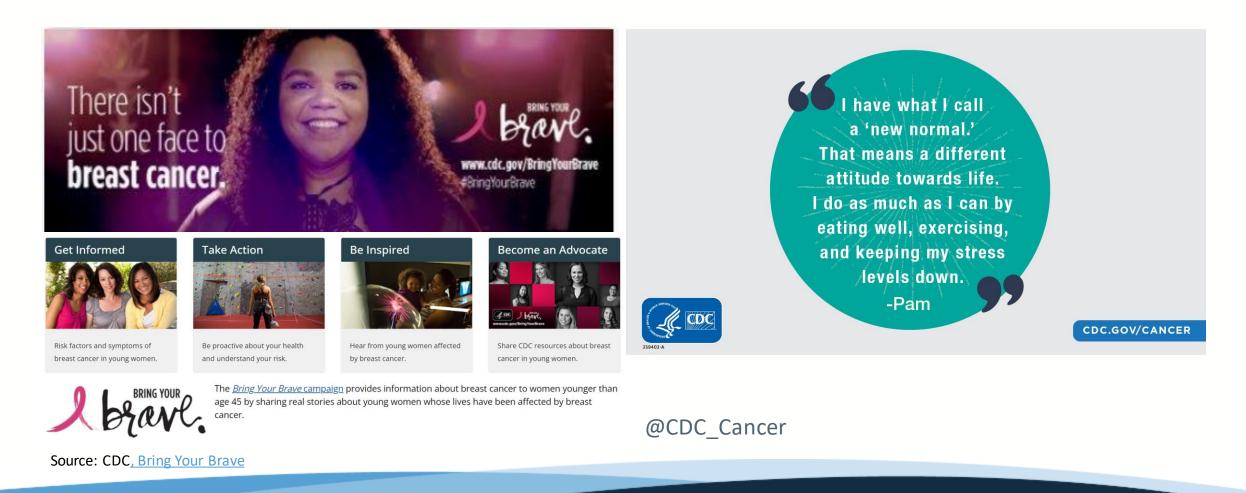
Kathy Bates

Actor and cancer survivor Kathy Bates talks about lymphedema in <u>this video.</u>

### Source: CDC, Lymphedema

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# Elevating the Voice and Experiences of Cancer Survivors



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# Carletta's Story: A Decade After Diagnosis



### https://youtu.be/di8XghAi7t0?si=nfoBOFqDubnVNXLU

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### Noah's Story: How NPCR is Working to Get Cancer Data Faster



### https://www.youtube.com/watch?v=2IF2wwioGc0

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# Now What?



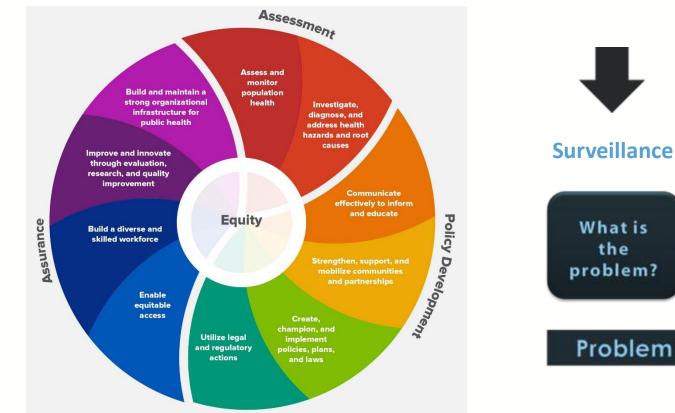
# **Opportunities for the Future**

### My thoughts in 2014

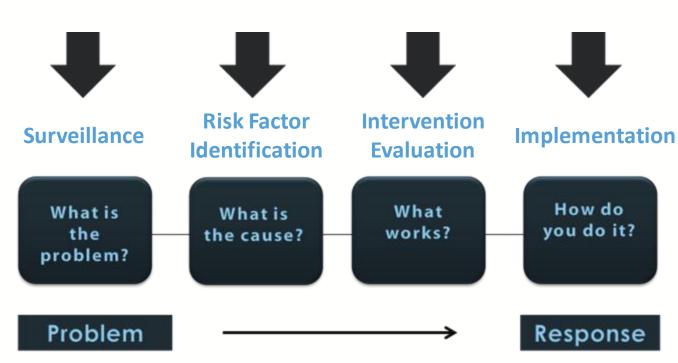
- Aging population
  - As baby-boomersage, cancer cases will increase
  - Growing number of cancer survivors are living longer
- Complexity of screening modalities and patientcentered communication
- Importance of primary prevention
  - Obesity prevention
  - Tobacco cessation
  - Vaccines



# Public Health's Role in Addressing Disparities



### **Ten Essential Roles of Public Health**



**Public Health Approach** 

Source: 10 Essential Public Health Services. Centers for Disease Control and Prevention. https://www.cdc.gov/publichealthgateway/publichealthservices/essentialhealthservices.html.

# C.O.R.E. Strategy Goal #1

**C**ultivate Comprehensive Health Equity Science; **O**ptimize Interventions; **R**einforce and Expand Robust Partnerships; **E**nhance Capacity and Workforce Engagement (C.O.R.E)

Increase the proportion of the rarely or never screened to 35% (currently 20%) for cervical cancer among women served by the program, including racial and ethnic groups who experience higher numbers and deaths from cervical cancer.



Source: CDC, Core Health Equity Science and Intervention Strategy

# C.O.R.E. Strategy Goal #2

Build an evidence base for three innovative, community-based interventions across multiple social determinants of health, including systemic racism, to reduce racial and ethnic disparities in cancer outcomes

### **Primary Prevention**

Reducing Cancer Disparities within the Black community in Jackson, MS through Community-Led Tobacco-Related Social Norm Change

### **Cancer Screening**

NYC Cancer Outreach Network in Neighborhoods for Equity and Community Translation (NYC CONNECT)





### Health and Wellbeing of Cancer Survivors

Scaling Social Determinants of Health Screening, Social Support and Anti-Racism Training to Reduce Inequities in Minority Cancer Survivor Health and Wellbeing in Washington, DC





### **Component A of DP21-003 (Prevention)**

Reducing Cancer Disparities within the Black community in Jackson, MS through Community-Led Tobacco-Related Social Norm Change

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# Primary Prevention: Building Capacity for Stronger, Locally-driven Tobacco Control and Prevention

Reducing Cancer Disparities within the Black community in Jackson, MS through Community Led Tobacco Related Social Norm Change





Source: CDC, Reducing Cancer Disparities Through Partnerships

### Media & Messaging:

- Billboard campaigns
- Website and Social Media campaign

### **Community Engagement**

 Can We Talk Training developed to provide community-based organizations with the resources, knowledge, and skills to address the risks and effects of smoking through

### **Policy & Education**

 City of Jackson recognized the efforts of Project BAT and adopted a proclamation announcing a "We Don't Want No Smoke Week" in June

# Actually, life is beautiful and you have time. It's never too late to end your tobacco use.

- Black People Against Tobacco





### The work you do makes a difference! Thank you!



### **Leadership and Action**



The best way to predict your future is to create it.

- Abraham Lincoln 16th U.S. President

# Thank you!

Go to the official federal source of cancer prevention information: www.cdc.gov/cancer





### Division of Cancer Prevention and Control

Reliable. Trusted. Scientific.

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.