



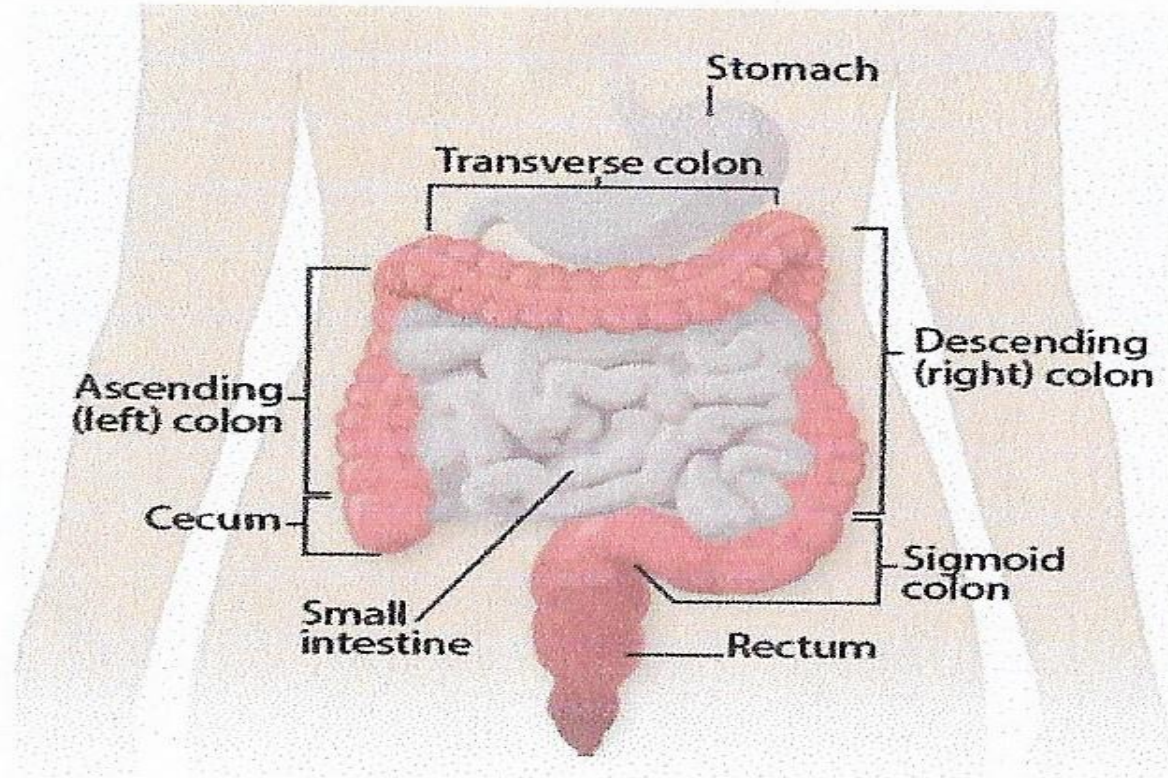
# UAMS Colorectal Cancer Screening And Education Program

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# Colorectal Anatomy



# RISKS FOR COLORECTAL CANCER

## Non-modifiable

- ▶ Age
- ▶ Race
- ▶ Family History
- ▶ Inflammatory Bowel Disease
- ▶ Genetic Disorders
- ▶ Type 2 Diabetes

## Modifiable

- ▶ Diet
- ▶ Obesity
- ▶ Sedentary Lifestyle
- ▶ Smoking
- ▶ Alcohol Use
- ▶ Type 2 Diabetes

# Symptoms Of Colorectal Cancer

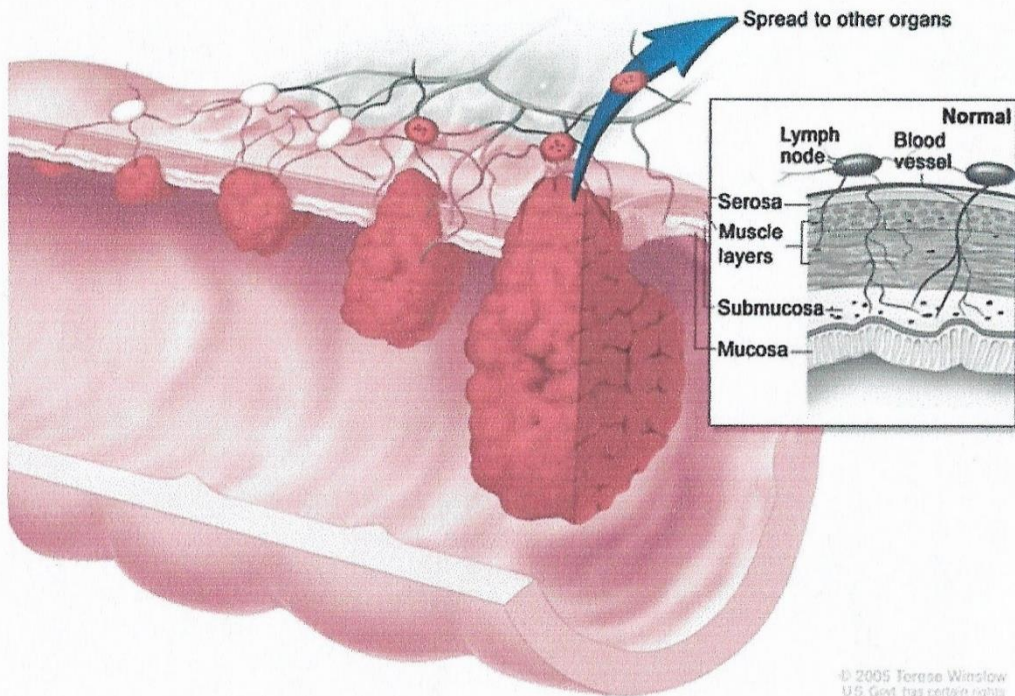
- ▶ Bleeding From Rectum Or Blood In Stool
- ▶ Black Or Tarry Stool
- ▶ Change In Bowel Habits/Stool Caliber
- ▶ Discomfort In Lower Abdomen
- ▶ Weight Loss
- ▶ Constant Urge To Have BM

**OR.....**

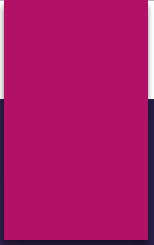
# Symptoms Of Colorectal Cancer

# Stages Of Colorectal Cancer

Figure 2. Colorectal Cancer Growth



- ▶ Stage 0: Involves only the inner lining of the colon or rectum
- ▶ Stage I: Involves the wall of the colon or rectum, but has not extended through the wall
- ▶ Stage II: Involves the entire thickness of the wall of the colon or rectum and involves surrounding tissue, but has not spread to lymph nodes
- ▶ Stage III: Involves the tissue and lymph nodes surrounding the colon or rectum and the lymph nodes
- ▶ Stage IV: Involves the tissue surrounding the colon or rectum, the lymph nodes and other distant organs such as the liver or lungs



5 Year Survival Is 90% For  
Local Disease, 71% For  
Regional Disease And  
Only 17% For Distant  
Disease

**ONLY 39% OF CASES ARE DIAGNOSED IN  
EARLY OR LOCAL STAGE DISEASE**



**THIS IS WHY WE  
SCREEN**



# CRC Screening Guidelines

- ▶ **People At Average Risk For CRC Start Regular Screening At Age 45**
- ▶ **Screening Should Continue Through Age 75 If They Are In Good Health**
- ▶ **People Ages 76-85 Should Screen Based On Overall Health, Life Expectancy And Personal Preference**
- ▶ **People Over 85 Should Not Continue Screening**

# CRC Screening Options

## Stool-based Tests

- ▶ Guaiac-based Fecal Occult Blood Test
- ▶ Fecal Immunochemical Test (FIT)
- ▶ Stool DNA Test

## Visual Tests

- ▶ Sigmoidoscopy
- ▶ Colonoscopy
- ▶ CT Colonography

# **Colorectal Cancer Screening and Education Program**

**A State-wide Screening Program That Offers Colorectal Cancer Screenings For Patients In All Five Arkansas Public Health Regions.**

# Program Purpose

**To Reduce The Physical And Economic Burden of Colorectal Cancer In The State of Arkansas By Increasing The Awareness of And Participation In Colorectal Cancer Screening.**

# Screening Options

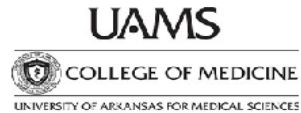
- ▶ **Fecal Immunochemical Test (FIT)**
- ▶ **Colonoscopy**

# Program Documents

## Health Initiatives and Disparities Office

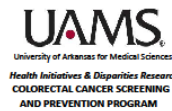
University of Arkansas for Medical Sciences  
College of Medicine / Department of Surgery  
4301 W. Markham St., Slot #827-1  
Little Rock, AR 72205-7199  
501-526-5260  
501-526-7048 (fax)

Ronda S. Henry-Tillman, MD, FACS  
Jonathan Laryea, MD, FACS  
Karen Crowell, MD



### CCSP PARTICIPATING PROVIDER

PROVIDER NAME \_\_\_\_\_  
PRACTICE NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PHONE# \_\_\_\_\_  
FAX # \_\_\_\_\_  
EMAIL \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_



**Provider Referring Staff Only:**  
ID#: \_\_\_\_\_ Date: \_\_\_\_\_  
Please fax completed form to 501-526-7048  
or scan and email to CCSP@uams.edu.  
Call 501-526-7101 if you have any questions.

## PATIENT REFERRAL AND CONSENT FORM

Name: _____		Date of Birth: ____/____/____
Address: _____		Age: _____
City & Zip: _____		County: _____
Daytime Phone: _____		E-mail: _____
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Transgender <input type="checkbox"/> Non-Binary	Sexuality: <input type="checkbox"/> Heterosexual <input type="checkbox"/> Homosexual <input type="checkbox"/> Bisexual <input type="checkbox"/> Other ( _____ )	Race: <input type="checkbox"/> African American or Black <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian or other Pacific Islander <input type="checkbox"/> Caucasian or White <input type="checkbox"/> Other (specify _____)
Insurance Coverage: <input type="checkbox"/> Not Insured <input type="checkbox"/> Medicaid <input type="checkbox"/> Medicare <input type="checkbox"/> Private (Company: _____)		Ethnicity: <input type="checkbox"/> Hispanic <input type="checkbox"/> Non-Hispanic
Primary Care Physician or Clinic (if known) Name: _____ Phone: _____		Have you ever been screened for colorectal cancer? (fecal immunochemical test (FIT), fecal occult blood test, FOBT, colonoscopy, sigmoidoscopy) <input type="checkbox"/> Yes <input type="checkbox"/> No

- I, \_\_\_\_\_ (print), agree to be referred to the Colorectal Cancer Screening and Prevention Program (CCSP).
- I agree to release my contact information and medical history to the CCSP.
  - I agree to allow the CCSP to contact my health care provider(s) and me.
  - I acknowledge participation in the program may include receipt of one or more of the following:
    - Fecal Immunochemical Test (FIT)
    - Colonoscopy for Positive FIT
    - Lab/Pathology Results
  - I agree to be contacted regarding results and follow-up when appropriate for the test(s) listed above.
  - I acknowledge this consent and release is valid for one year following the date of my signature.
  - I understand I may revoke authorization at any time by giving written notice to University of Arkansas for Medical Sciences.
  - I agree a photocopy of this authorization shall constitute a valid authorization.
  - I understand that the referring facility, its employees, and attending physicians are released from legal responsibility or liability for the release of the above information to the extent indicated and authorized herein.

To be released to:  
University of Arkansas for Medical Sciences  
Health Initiatives and Disparities Research  
Colorectal Cancer Screening & Prevention Program  
4301 W. Markham St., #827-1, Little Rock, AR 72205

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_ (am/pm)

# Does CRC Run In The Family?

**Who Has Cancer? 1<sup>st</sup> Or 2<sup>nd</sup> Degree Relative? Mother Or Father's Side?**

**Type Of Cancer? Is It Rare?**

**Age At Diagnosis?**

**Risk Factors?**

**Has Any Genetic Testing Shown Abnormal Genes?**

# Amsterdam Criteria

**One First-degree Relative With CRC**

**Three Or More Relatives With A Cancer Linked With Lynch Syndrome- One Must Be A First-degree Relative Of The Other Two**

**Two Or More Successive Generations Affected**

**At Least One Relative Diagnoses Before Age 50**



# Revised Bethesda Guidelines

Younger Than Age 50

History Of Previous CRC Or Other Cancer

Younger Than Age 60 With A Tumor Having Microscopic Changes Seen With Lynch Syndrome

CRC Or Other Lynch Syndrome-related Cancer Before Age 50

Two Or More First Or Second-degree Re



**Thank You**