

**Dr. Chris Recinos**

Dr. Chris Recinos is the CEO and founder of Nurse Leader Network, and Tikidas an educational platform for nurses. She is also the creator of the mental health app for teens, Hello, Harmony. Her former roles include Chief Nurse Executive for Kaiser Permanente South Bay Medical Center, Deputy Nurse Executive for the Veterans Administration and a variety of academic, nurse practitioner and registered nurse roles. In her spare time, she can be found advocating for suicide prevention policies