



23<sup>RD</sup> ANNUAL  
**FAMILY  
MEDICINE  
UPDATE**

**October  
23 - 25, 2019**

UAMS Jackson T. Stephens Spine &  
Neurosciences Institute, 12<sup>th</sup> floor

**UAMS**<sup>®</sup>

College of Medicine

**3 DAYS OF LEARNING**

**23.75 HOURS OF CONTENT**

**ALL IN 1 PLACE**

**OCTOBER 23 - 25, 2019**

# WEDNESDAY, OCTOBER 23

7:30 – 7:55

REGISTRATION

7:55 – 8:00

**Welcome**

Alysia Dubriske, CHE Director

8:00 – 9:00

**How is UAMS Supporting Rural Family Physicians? Glad You Asked!**

Cam Patterson, MD, MBA, UAMS chancellor

9:00 – 10:00

**An Integrative Approach to Treating Depression**

Michelle Crouse, PharmD

10:00 – 10:15

BREAK

10:15 – 11:15

**Traumatic Brain Injuries in Kids**

Laura Hobart-Porter, DO, FAAPMR

11:15 – 12:15

**Specialty Care and Rehab for Patients with Traumatic Brain and Spinal Cord Injuries**

Daniel Bercher, PhD, NRP, and Rani Lindberg, PhD

12:15 – 12:45

LUNCH

12:45 – 1:45

**Refractory Epilepsy and Surgical Options**

Viktoras Palys, MD

1:45 – 2:15

**Pharmacy Students Become YouTubers to Teach Patients**

Seth Heldenbrand, PharmD

2:15 – 2:30

BREAK

2:30 – 3:30

**Substance Use and Pregnancy**

Jessica Coker, MD

3:30 – 5:00

**Arkansas's Experts on the Forefront: Combatting the Opioid Epidemic**

Kirk Lane, Arkansas Drug Director; Irvin Reaves, Dept. of Justice/DEA and Sue Tedford, MNSc, APRN

Visit [cme.uams.edu](http://cme.uams.edu) for conference updates

# THURSDAY, OCTOBER 24

7:30 – 8:00

REGISTRATION / EXHIBITS

## FEATURED SPEAKER

8:00 – 9:00

**Pharmacotherapy Update for Tobacco Treatment – Part I**  
Thomas Payne, PhD

9:00 – 10:00

**Pharmacotherapy Update for Tobacco Treatment – Part II**  
Thomas Payne, PhD

*Thomas Payne, PhD, national expert on tobacco use and treatment in patients, is just returning from speaking with the National Institutes of Health and is excited to be speaking in Arkansas.*

10:00 – 10:15

BREAK / EXHIBITS

10:15 – 11:15

**E-Cig and Vaping: Data on Health Risks**  
Thomas Payne, PhD

11:15 – 12:15

**Strategies for Preventing Tobacco Relapse**  
Thomas Payne, PhD

12:15 – 1:00

LUNCH / EXHIBITS

1:00 – 2:00

**HPV Vaccine: Hesitancy and Recommendations**  
Jennifer Dillaha, MD

2:00 – 3:00

**Diabetes, Obesity and Nutrition**  
George Guthrie, MD

3:00 – 3:15

BREAK / EXHIBITS

3:15 – 4:00

**Coverage Options for Breastfeeding**  
Robin Riley, BSN, RN, CCM, and Teresa Gates, RN, BSN, IBCLC

4:00 – 5:00

**Cardiology Update: Pitter Patter, Does It Matter?**  
Kanishk Agnihotri, MD

Visit [cme.uams.edu](http://cme.uams.edu) for conference updates

# FRIDAY, OCTOBER 25

<b>7:30 – 8:00</b>	<b>REGISTRATION / EXHIBITS</b>
<b>8:00 – 9:00</b>	<b>Dementia, Alzheimer’s and the PCP</b> Robin McAtee, PhD, RN, FACHE
<b>9:00 – 10:00</b>	<b>Sexually Transmitted Disease Update</b> Ryan Dare, MD
<b>10:00 – 10:15</b>	<b>BREAK / EXHIBITS</b>
<b>10:15 – 10:45</b>	<b>These Blurred Lines: Diabetic Eye Exam</b> Ahmed Sallam, MD
<b>10:45 – 11:15</b>	<b>Toys, Weird Noises and Funny Faces: The Pediatric Eye Exam</b> Paula Grigorian, MD
<b>11:15 – 12:30</b>	<b>Practice Management for the Primary Care Provider</b> Valora Gurganious, MBA, CHBC
<b>12:30 – 1:00</b>	<b>LUNCH / EXHIBITS</b>
<b>1:00 – 2:00</b>	<b>Going Digital: Widening the Possibilities of Healthcare</b> Curtis Lowery, MD
<b>2:00 – 3:00</b>	<b>The Art of Understanding: Grief Counseling</b> Rusty Meadows, MSMFT, LPC, LADAC
<b>3:00 – 3:15</b>	<b>BREAK / EXHIBITS</b>
<b>3:15 – 5:00</b>	<b>Trauma-Focused Care: Beyond the Physical</b> Betty Everett, PhD Lisa Evans, PhD

Visit [cme.uams.edu](http://cme.uams.edu) for conference updates

## WHO IS INVITED?

Primary care physicians, primary care residents, pharmacists, physician assistants, advanced practice nurses, registered nurses, physical therapists, respiratory therapists, CHES and other healthcare providers.

## ACCREDITATION

This activity has been submitted to the Midwest Multistate Division for approval to award nursing contact hours. The Midwest Multistate Division is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. For more information regarding contact hours, please call Marybeth Curtis – Nurse Planner at 501-526-5439.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This activity is applicable to the minimum 12 live hours required biennially. If the pharmacist wants to claim CME PAR Category 1, he/she must be able to prove attendance, and he/she will need to manually record it within the Arkansas State Board of Pharmacy website prior to the next schedule renewal.

Application for credit has been submitted to the Arkansas State Board of Physical Therapy.

Application for credit has been submitted to the Arkansas State Medical Board for respiratory therapists.

Go to [cme.uams.edu](http://cme.uams.edu) for updated accreditation information.

## LEARNING OBJECTIVES

1. Discuss current, evidence-based guidelines related to family practice that will empower practitioners to provide quality medical and pharmacological treatments for improved patient outcomes.
2. Explore ways in which providers can use digital healthcare within their healthcare settings.
3. Identify ways in which family medicine practitioners, pharmacists, and other health care professionals can partner in efforts to address addiction in Arkansas.

## LODGING



### Four Points by Sheraton Little Rock Midtown

925 South University Avenue  
Little Rock, AR, 72204

**\$79 single + taxes**

**Standard room, 1 king bed**

**Call 800-236-2427** to make reservations on or before Tuesday, October 15, 2019, to guarantee this rate. A credit card number or one night's advance deposit will be required to secure a room in this block. Please identify yourself as a participant of the UAMS Family Medicine Update to receive the special group rate. Hotel room rate includes a full-breakfast buffet for guests with coupons issued at check-in. Shuttle to UAMS is available.

## CANCELLATION POLICY

Written notification of cancellation must be postmarked by October 18, 2019, for a partial refund. (A \$50 administrative fee will be retained.) After that date, no refunds will be issued. If UAMS cancels this conference, full refunds will be issued. However, UAMS is not responsible for any related expenses.

# THANK YOU

to our joint providers



# THREE EASY WAYS TO REGISTER:

1. **Online** at [cme.uams.edu](http://cme.uams.edu) 2. **Phone** at 501-686-6626

3. **Mail** at 4301 W. Markham St., #530-3, Little Rock, AR, 72205. Make check payable to DFPM-CHE.

Name		Degree	
Specialty		UAMS Alumnus <input type="checkbox"/> Yes <input type="checkbox"/> No	
Firm/Affiliation			
Work Address			
City	State	Zip	
Home Address			
City	State	Zip	
Phone Number		Twitter Handle	
Email Address			

Early Registration (ends midnight October 4, 2019)	Standard Registration (beginning October 5, 2019)
<input type="checkbox"/> \$345 – Three-Day Conference	<input type="checkbox"/> \$410 – Three-Day Conference
<input type="checkbox"/> \$130 – Single Day <i>Write day(s) you'd like to attend</i>	<input type="checkbox"/> \$160 – Single Day <i>Write day(s) you'd like to attend</i>

**YES, I would like a \$25 printed syllabus.**

(All presentations may not be in the syllabus. A free downloadable syllabus will be available.)

**Group Registration Discount:** Register a group of 3 or more (physicians or non-physicians) and receive 25% discount on the STANDARD registration fee. **Please call the DFPM office at (501) 526-6302 or (501) 686-6626 to register.**

Amount enclosed \$ **Make check payable to DFPM-CHE.**

Credit Card	<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard	<input type="checkbox"/> Discover	<input type="checkbox"/> American Express
Card Number	Exp. Date		CVV	
Cardholder's Name (If different than registrant)				
Billing Zip Code	Signature	Date		



**UAMS**

College of Medicine

4301 W. Markham St., #530-3  
Little Rock, AR 72205

**ADDRESS SERVICE REQUESTED**

Non Profit  
Organization  
US Postage

**PAID**

Permit No. 1973  
Little Rock, AR



**UAMS**  
College of Medicine

23<sup>RD</sup> ANNUAL  
**FAMILY  
MEDICINE  
UPDATE**  
**October  
23 - 25, 2019**

UAMS Jackson T. Stephens Spine &  
Neurosciences Institute, 12<sup>th</sup> floor